



## Traveler's Safety Checklist

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### ✓ Plan Ahead

- Pack / Upload only the research files you truly need.
  - Use a dedicated travel laptop or phone if possible.
  - Register your trip through U of T's partnership with [International SOS](#) if you are a student.
  - Consult the [Government of Canada Travel Advisories](#) for guidance on your destination.
  - Review local laws and import / export restrictions relevant to your research area.
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### ✓ Stay Aware

- Recognize which elements of your research could draw unwanted interest.
  - Be mindful in casual conversations, share only what's appropriate.
  - Think twice before posting updates about your trip or research online.
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### ✓ Protect Devices

- Always keep electronic devices in your possession.
  - Avoid connecting your devices to unknown Wi-Fi or Bluetooth sources, use your phone as a hotspot if needed.
  - Turn off automatic connection capabilities to avoid having your devices connect or pair automatically with unsecure networks.
  - Use strong passwords and a trusted password manager.
  - Use only your personal charger and avoid plugging devices into shared or public USB ports.
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### ✓ Keep Your Network Safe

- Be aware that you're a link to your colleagues and partners.
  - [Report any suspicious requests or phishing attempts](#) to U of T's Information Security Team.
  - After travel: change your passwords, run antivirus scans, and wipe your devices if possible.
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Travel confidently. Share boldly. Protect your research.